



Private One-Day Relationship Therapy Intensive

Recalibrate and reset your relationship in
just eight hours with professional support.

SWIPE FOR DETAILS





APN London's one-day private Relationship Therapy Intensives are a highly effective alternative or addition to weekly couples sessions.

About the Programme

This intensive is **designed to pack learning, insight, and connection into an accelerated program** for those with limited time, a tight schedule, or the desire to expedite progress.

Together, with professional support you can work through:

 Restoring playfulness, intimacy, sex, and desire

 Improving communication

 Recovery from betrayal

 Understanding the dynamics and development of relationships

Who It's For

The aim of the intensive workshop is to leave **you and your partner refreshed, renewed, and reconnected, and with a restored faith in the future together.**

Using radical new thinking about all aspects of romantic relationships, you will learn:



The single most successful way to deal with anger and conflict



The two most important roles in any partnership



How to achieve truly clear communication where your needs can be expressed



A proven path to recovery after betrayal or an affair



How to think differently about sex and physical intimacy, taking immediate steps back to pleasurable sex

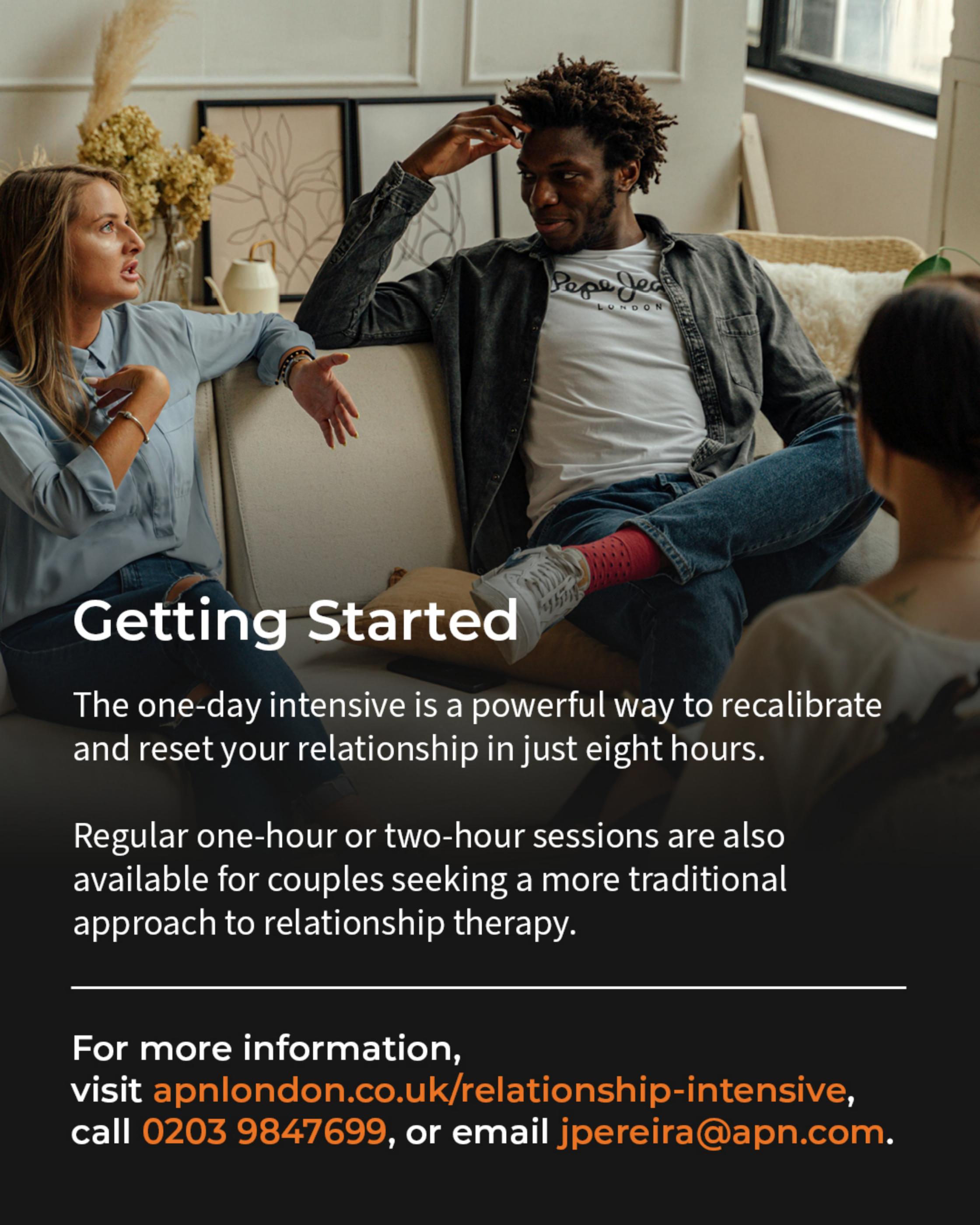


Meet the Expert

James Earl

MSW (Sussex) PgDip (Relate) BA Hons (Mddx)

James specialises in improving communication, restoring desire and intimacy, and helping with sexual problems in relationship therapy. He also works individually with clients to pioneer inspirational new approaches to anxiety, depression, OCD, addiction, anger, and trauma.



Getting Started

The one-day intensive is a powerful way to recalibrate and reset your relationship in just eight hours.

Regular one-hour or two-hour sessions are also available for couples seeking a more traditional approach to relationship therapy.

For more information, visit apnlondon.co.uk/relationship-intensive, call **0203 9847699**, or email jpereira@apn.com.